

What causes over 226,000 hospitalizations and about 36,000 deaths each year in the U.S.?

Seasonal flu.

Seasonal flu is a respiratory illness that:

- ✓ is caused by flu viruses that can change each year
- ✓ spreads easily
- ✓ occurs each year during fall, winter, and spring

A FLU SHOT IS THE BEST WAY TO PROTECT YOURSELF AGAINST THE FLU.

GET YOUR FLU SHOT HERE:



www.prevention.va.gov/flu/

VA



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