

How Can I Prevent Spreading a Sexually Transmitted Disease?

- Use condoms whenever you have sex, especially with new partners.
- If you think you have an STD, stop having sex until you see a health care provider and are treated.
- Follow all the instructions you get from your provider.
- Return to your provider to get rechecked.
- Don't resume having sex until your provider says it's okay.
- Be sure your sex partner or partners are also treated.



Condom users should note that condoms can help reduce exposure to STDs, but they don't stop the spread of all STDs.