



# Be Involved in Your Health Care



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Get recommended preventive services including screening tests and immunizations. Recommendations for preventive services depend on your age, sex, health status, and family history. Find out which screening tests and immunizations are recommended for you.

- **Get Recommended Screening Tests and Immunizations: A Healthy Living Message**  
[http://www.prevention.va.gov/Healthy\\_Living/Get\\_Recommended\\_Vaccines\\_and\\_Screening\\_Tests.asp](http://www.prevention.va.gov/Healthy_Living/Get_Recommended_Vaccines_and_Screening_Tests.asp)
- **Recommended Screening Tests and Immunizations – Whiteboard Video**  
<https://www.youtube.com/watch?v=f51kdFU76wA>

#### **Veterans Health Library—[www.veteranshealthlibrary.org](http://www.veteranshealthlibrary.org)**

The Veterans Health Library (VHL) offers Veterans, their families and caregivers 24/7 Internet access to comprehensive, Veteran-focused health information that's consistent with VA clinical practice. Its information, resources, and tools are engaging, “Veteran-friendly” and written in “plain language”. No matter where Veterans receive care, VHL helps them understand and manage health problems, make informed health decisions, and actively partner with their health care teams. Items within the VHL on Recommended Screening Tests and Immunizations:

- **Adult Immunization Schedule**  
[http://www.veteranshealthlibrary.org/HealthyLiving/screenings/142,84663\\_VA](http://www.veteranshealthlibrary.org/HealthyLiving/screenings/142,84663_VA)
- **Human Papillomavirus Virus (HPV) Vaccine**  
<http://www.veteranshealthlibrary.org/Search/121,80715>
- **Tetanus, Diphtheria and Pertussis Shot - Tdap**  
[http://www.veteranshealthlibrary.org/Encyclopedia/142,84663\\_VA](http://www.veteranshealthlibrary.org/Encyclopedia/142,84663_VA)

- **Pneumonia Vaccine**

<http://www.cdc.gov/vaccines/vpd-vac/pneumo/vaccin-short.htm>

#### **Office of Public Health**

- **Infection: Don't Pass It On**

Infection: Don't Pass It On is a VA public health campaign established through a collaboration between the Office of Public Health, National Center for Patient Safety, Employee Education System, Infectious Diseases Program Office, National Center for Health Promotion and Disease Prevention (NCP) and VA experts in infection control. The goal of the campaign is to involve staff, patients, and visitors in taking basic steps to preventing infection, whether occurring daily, seasonally, or occurring during infectious disease emergencies (natural or manmade).

<http://www.publichealth.va.gov/InfectionDontPassItOn/>

#### **Pharmacy Benefits Management Service-Medical Advisory Panel, Office of Public Health, National Center for Health Promotion and Disease Prevention**

- **Frequently Asked Questions**

Frequently asked questions about the Herpes Zoster (Shingles) Vaccine.

<http://www.pbm.va.gov/PBM/clinicalguidance/faqshets.asp>

## **FEDERAL GOVERNMENT RESOURCES**

You are now leaving the Department of Veterans Affairs Web site.

### **GENERAL INFORMATION**

#### **US DEPARTMENT OF HEALTH & HUMAN SERVICES (HHS)**

- **Vaccines**

Vaccines.gov is the federal gateway to information on vaccines and immunization for infants, children,



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teenagers, adults, and seniors. Vaccines.gov provides resources from federal agencies for the general public and their communities about vaccines across the lifespan.

<http://www.vaccines.gov/>

## Centers for Disease Control and Prevention

### • **National Immunization Program**

A comprehensive listing of vaccine and immunization information. Find information for children, adolescents, adults, and older adults.

<http://www.cdc.gov/vaccines/>

## Immunization

- A questionnaire for patients to see what immunizations they need.  
<http://www2a.cdc.gov/nip/adultImmSched/>
- An easy-to-read single page on adult immunizations  
<http://www.immunize.org/catg.d/p4030.pdf>

## Flu Information

- **Flu**  
Basic facts about the flu, preventing the flu and what to do if you get sick.  
<http://www.cdc.gov/flu/>
- **Information about the upcoming flu season**  
<http://www.cdc.gov/flu/about/season/upcoming.htm>
- **Flu.gov**  
One-stop access to U.S. Government flu information. Managed by the Department of Health and Human Services.  
<http://www.flu.gov/#>

## Hepatitis A & B Vaccine

- **Questions and answers on the Hepatitis A & B vaccines**  
Hepatitis A  
<http://www.cdc.gov/hepatitis/A/aFAQ.htm#>

## Hepatitis B

<http://www.cdc.gov/hepatitis/B/bFAQ.htm#>

## Herpes Zoster Vaccine

- **Questions and answers on the shingles vaccine**  
<http://www.cdc.gov/vaccines/vpd-vac/shingles/vacc-need-know.htm>

## Human Papillomavirus (HPV)

<http://www.cdc.gov/vaccines/vpd-vac/hpv/vac-faqs.htm>

## Measles/Mumps/Rubella Vaccine

<http://www.cdc.gov/vaccines/vpd-vac/measles/faqs-dis-vac-risks.htm>  
<http://www.cdc.gov/vaccines/vpd-vac/mumps/vac-faqs.htm>  
<http://www.cdc.gov/vaccines/vpd-vac/rubella/default.htm>

## Meningococcal Vaccine

<http://www.cdc.gov/vaccines/vpd-vac/mening/default.htm>

## Pneumococcal Vaccine

<http://www.cdc.gov/vaccines/vpd-vac/pneumo/default.htm>

## Tetanus/Diphtheria/Pertussis Vaccine

<http://www.cdc.gov/vaccines/vpd-vac/tetanus/default.htm>  
<http://www.cdc.gov/vaccines/vpd-vac/pertussis/default.htm>

## Varicella Vaccine

<http://www.cdc.gov/vaccines/vpd-vac/varicella/default-basic.htm>