



Get Recommended Screening Tests and Immunizations: Focus on Cancer Screening

Get recommended preventive services, including screening. Recommendations for preventive services depend on your age, sex, health status, and family history. Find out which screening tests are recommended for you!

- Get Recommended Screening Tests and Immunizations: A Healthy Living Message
https://www.prevention.va.gov/Healthy_Living/Get_Recommended_Screening_Tests_and_Immunizations.asp
- Cancer Screenings and Other Preventive Services: Recommendations for Men
https://www.prevention.va.gov/Healthy_Living/Get_Recommended_Screening_Tests_and_Immunizations_for_Men.asp
Recommendations for Women
https://www.prevention.va.gov/Healthy_Living/Get_Recommended_Screening_Tests_and_Immunizations_for_Women.asp
- Recommended Screening Tests and Immunizations – Whiteboard Video
https://www.youtube.com/watch?v=fb_NLOGzB4I

Department of Veterans Affairs Resources

Veterans Health Library

<http://www.veteranshealthlibrary.org/>

The Veterans Health Library (VHL) offers Veterans, their families and caregivers 24/7 Internet access to comprehensive, Veteran-focused health information that's consistent with VA clinical practice. Its information, resources, and tools are engaging, "Veteran-friendly" and written in plain language VHL helps Veterans understand and manage health problems, make informed health decisions, and actively partner with their health care teams. Items within the VHL on Recommended Screening Tests and Immunizations include:

- Mammography
http://www.veteranshealthlibrary.org/Search/142,82533_VA
- Preventing cancer
http://www.veteranshealthlibrary.org/Diseases/Conditions/Cancer/142,84669_VA
- Breast cancer screening
<http://www.veteranshealthlibrary.org/Resources/VideoLibrary/?e=0#player:109,W1242>
http://www.veteranshealthlibrary.org/Search/142,82941_VA



Other Resources

(you are leaving the Department of Veterans Affairs web site.)

On May 9, 2017, VA adopted the American Cancer Society Guidelines.

The American Cancer Society (ACS) [guidelines](#)

- The ACS recommends that women with an average risk of breast cancer should undergo regular screening mammography starting at age 45 years.
- Women aged 45 to 54 years should be screened annually.
- Women 55 years and older should transition to biennial screening or have the opportunity to continue screening annually. Women should have the opportunity to begin annual screening between the ages of 40 and 44 years.
- Women should continue screening mammography as long as their overall health is good and they have a life expectancy of 10 years or longer.
- ACS does not recommend clinical breast examination for breast cancer screening among average-risk women at any age.