Be Safe: Prevent Sexually Transmitted Infections
(also known as Sexually Transmitted Diseases)

There are actions you can take to protect yourself and those you love from harm. Common safety issues include sexually transmitted infections.

- Be Safe: A Healthy Living Message
  [https://www.prevention.va.gov/Healthy_Living/Be_Safe_Prevent_Sexually_Transmitted_Infections.asp](https://www.prevention.va.gov/Healthy_Living/Be_Safe_Prevent_Sexually_Transmitted_Infections.asp)

**Department of Veterans Affairs Resources**

**Veterans Health Library**

The Veterans Health Library (VHL) offers Veterans, their families and caregivers 24/7 Internet access to comprehensive, Veteran-focused health information that’s consistent with VA clinical practice. Its information, resources, and tools are engaging, “Veteran-friendly” and written in “plain language”. No matter where Veterans receive care, VHL helps them understand and manage health problems, make informed health decisions, and actively partner with their health care teams. Items within the VHL on Be Safe: Prevent STIs:

- Gonorrhea
  [http://www.veteranshealthlibrary.org/Encyclopedia/142.85087_VA](http://www.veteranshealthlibrary.org/Encyclopedia/142.85087_VA)
- Hepatitis B
  [http://www.veteranshealthlibrary.org/Encyclopedia/142.82975_VA](http://www.veteranshealthlibrary.org/Encyclopedia/142.82975_VA)
- Hepatitis C
  [http://www.veteranshealthlibrary.org/Encyclopedia/142.82159_VA](http://www.veteranshealthlibrary.org/Encyclopedia/142.82159_VA)
- Herpes
  [http://www.veteranshealthlibrary.org/Encyclopedia/142.85089_VA](http://www.veteranshealthlibrary.org/Encyclopedia/142.85089_VA)
- Human Immunodeficiency Virus (HIV)
  [http://www.veteranshealthlibrary.org/Search/142.82145_VA](http://www.veteranshealthlibrary.org/Search/142.82145_VA)
- Human Papillomavirus (HPV)
  [http://www.veteranshealthlibrary.org/Encyclopedia/142.86183_VA](http://www.veteranshealthlibrary.org/Encyclopedia/142.86183_VA)
- Syphilis
  [http://www.veteranshealthlibrary.org/Encyclopedia/142.85083_VA](http://www.veteranshealthlibrary.org/Encyclopedia/142.85083_VA)

**HealtheLiving Assessment (HLA)**
[https://www.myhealth.va.gov/](https://www.myhealth.va.gov/)

Veterans can better understand their health habits and overall health by answering a set of personalized, confidential questions. The questions cover topics like diet, physical activity, medical history, and other personal lifestyle activities.
VA Office of Specialty Care Services
HIV/AIDS
https://www.hiv.va.gov/
Links to HIV/AIDS information for the public and healthcare providers.

Hepatitis
https://www.hepatitis.va.gov
Links to hepatitis B & C information for the public and healthcare providers.

VA Office of Patient Care Services
Women’s Health Services Information on Zika Virus
https://www.womenshealth.va.gov/

Federal Government Resources
(you are leaving the Department of Veterans Affairs website.)

US Department of Health and Human Services
Healthfinder.gov
Information on various types of STI testing, finding test sites and having conversations with sexual partners about testing for STIs.

Centers for Disease Control and Prevention
Sexually Transmitted Infections—General Information
https://www.cdc.gov/std/general
General and disease-specific information.

STI—Health Communication—Fact Sheets
https://www.cdc.gov/std/healthcomm/fact_sheets.htm
List of common Sexually Transmitted Infections (STIs) and links to fact sheets in English and Spanish.

The Zika Virus
Links to a variety of information about the Zika virus, including information for pregnant women.

National Institutes of Health (NIH)
NIH—Sexually Transmitted Infections
https://www.niaid.nih.gov/diseases-conditions/sexually-transmitted-diseases
Links to a variety of information on STIs.