



National Center for Health Promotion and Disease Prevention

FY 2024 HIGHLIGHTS



The **National Center for Health Promotion and Disease Prevention (NCP)** is a field-based national program office of the Office of Patient Care Services that strives to improve the quality of life for Veterans by providing VA clinicians with evidence-based health care practices.

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Clinical Preventive Services (CPS)

CPS has developed and maintains over 30 clinical preventive services guidance statements to provide a coordinated and evidence-based approach to policymaking. This helps ensure a high level of access, quality, and uniformity in the delivery of clinical preventive services. In FY24, CPS completed updates to 11 evidence-based VHA CPS Guidance Statements, including a newly developed guidance statement for Polio Immunization. CPS also revised 4 NCP-sponsored or -collaborated national clinical reminders. Additionally, CPS provided high-quality precepting to 4 UNC Preventive Medicine Residents throughout their NCP rotations.



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CPS also ensured revision to evidence-based updates to the Recommendations for [Men](#) and [Women](#). Finally, CPS revised VHA Directive 1120.05 – The National Center for Health Promotion and Disease Prevention and the Coordination and Development of Clinical Preventive Services Guidance Statements. This was published 11 months in advance of the due date of July 31, 2025.

Health Promotion & Disease Prevention (HPDP)

In FY24, 27 new HPDP Program Managers, 3 new VISN HPDP Leaders, and 15 new Health Behavior Coordinators were oriented to the HPDP program and their roles via an NCP-developed orientation program. HPDP also developed a new form for VISNs and facilities to use to evaluate their HPDP Program. HPDP also updated its electronic tools for quickly accessing HPDP-related performance metrics. Seven patient education

products were revised to stay current with the latest evidence. Additionally, HPDP participated in three PACT to the Future Conferences by presenting breakout sessions outlining how Healthy Living Team members can support primary care staff to incorporate HPDP services into primary care.

Seasonal Influenza and Infection: Don't Pass It On (IDPIO) Campaign

In FY24, IDPIO continued to guide and educate in support of facility prevention and vaccination campaigns. Through emails and eight national teleconferences, IDPIO shared information about vaccination, flu data dashboards, avian flu, vaccine confidence, COVID-19, seasonal influenza, and Respiratory Syncytial Virus (RSV). One primary focus of the teleconferences was identifying disparities in vaccine uptake via data dashboards and informing population-specific campaign goals. Another IDPIO primary focus was maintaining and updating SharePoint and Internet resources to provide the most current and accurate information. Tools such as the Flu Manual Toolkit and Data Dashboards are hosted on the Flu SharePoint page. Tools for Veterans are available on the [public-facing flu site](#). IDPIO also collaborated with colleagues from Community Living Center (CLC) and Infectious Diseases programs to develop and offer vaccination tools, algorithms, guidance, standard operating procedures, and resources as a framework for planning and implementing successful vaccination campaigns within CLCs.



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MOVE! Weight Management Program for Veterans

To better address the chronicity of overweight and obesity, in FY24, MOVE! adapted a maintenance intervention that was initially developed and tested by Dr. Corrine Voils and her VHA research team. Using feedback and suggestions from more than 500 Veterans and 27 MOVE! facilitators in VISN 10 who pilot-tested the intervention, refinements were made prior to national dissemination. MOVE! also updated the [MOVE! Veteran Workbook](#) based on feedback from Veterans and clinicians. Content is now more inclusive of the diverse population served and addresses weight stigma respectfully. It also emphasizes improvements in overall health, quality of life, and function in addition to weight loss. This emphasis was carried over to the [MOVE! Stories](#) initiative which now features an updated submission form encouraging sharing of a wider array of non-scale victories. Finally, MOVE! continued to support its field teams with a total of 45 MOVE! Office Hours sessions.

Patient Centered Learning (PCL) Program

Patient Centered Learning (PCL) is a new national program within NCP that works to accelerate VA's integration of health literacy strategies. PCL works with VA Program Offices to ensure Veterans, caregivers, and survivors can easily understand and use VA information and services. By ensuring VA is easy to navigate, we empower Veterans to optimize their health care and self-care. In FY24, PCL published the [VA Resource Navigator](#). The Navigator is a tool to guide Veterans when they need information about key VA services and benefits. Over 125 VA facilities are using the Navigator, and 91% of Veterans said they are "likely" or "extremely likely" to use the tool the next time they are looking for VA information. The Navigator was developed in partnership with the Veterans Experience Office. PCL also made strides in building the infrastructure of its program, including hiring several key positions. Additionally, PCL implemented a consultation model to collaborate with VHA Program Offices and partnered with Health Systems Research to create a logic model for implementation of the [Health Literate Care Model](#) within VHA.

NCP Training Programs

In FY24, NCP held eight virtual facilitator trainings in Veteran-centered communication skills (Patient Education: TEACH for Success, Motivational Interviewing, Clinician Coaching), training 139 VA staff as facilitators in these programs. Average overall satisfaction scores exceeded 4.88/5.0 for these Facilitator Trainings, indicating high support and effectiveness for disseminating these interactive

trainings in a virtual modality. NCP maintained flexibility for VA facilities to offer local TEACH for Success and Motivational Interviewing Cascading Courses in both face-to-face and virtual modalities. From October 2023 through August 2024, average participant satisfaction in Motivational Interviewing for PACT was 4.33/5.00. For Patient Education: TEACH for Success, the average participant satisfaction was 4.21/5.00. These trainings support the clinician-patient relationship which enhances Veteran trust, which is associated with successful follow-through with treatment plans and self-management.



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Veterans Health Education and Information (VHEI)

VHEI administers the [Veterans Health Library \(VHL\)](#), which remains a trusted health education resource to help Veterans stay well and well-informed. In FY24, updates were made to the VHL homepage to enhance end user navigation. The drop-down menu was updated for a more seamless view between the mobile and computer screen modalities. In response to a VHL end user survey, an additional section was developed to include 5 new health sheets on VA benefits and services. VHEI also completed approximately 750 reviews or updates of VHL Content in FY24, representing a 54% increase from FY23. Additionally, VHEI developed 6 Stoplight Tools to support Veteran self-care and self-management: Asthma, High Blood Pressure, Diabetes, Stroke, Heart Failure and COPD. 10 videos were also added to support Veterans and their caregivers in management of feeding tubes in partnership with VA Nutrition and Food Services.



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Additional NCP Accomplishments

In FY24, NCP staff collaborated with partners such as the Department of Health and Human Services, the US Preventive Services Task Force, the Advisory Committee on Immunization Practices, the White House Cancer Moonshot team, the Department of Defense, and VHA health services researchers on health promotion and disease prevention projects and initiatives.