

Will you be **PREGNANT** this flu season?

Doctors recommend that you get a **FLU SHOT.**

Being pregnant increases your risk
of getting very sick from the flu.
Stay healthy during your pregnancy.
Get vaccinated



STUDIES SHOW THAT THE FLU SHOT IS SAFE FOR PREGNANT WOMEN.



VA



U.S. Department
of Veterans Affairs



www.prevention.va.gov/flu

Flu-15 All