



# I'll protect my baby.

# I'LL GET A FLU VACCINE.

Even if you're healthy, if you live with or care for people at high risk for severe complications from influenza, you should get vaccinated. Groups at high risk include infants, pregnant women, kids and adults with chronic medical conditions like asthma, diabetes, or heart disease, and adults aged 65 and older.

**DON'T GET THE FLU. DON'T SPREAD THE FLU.  
GET VACCINATED.**



**VA**



U.S. Department of Veterans Affairs



[www.prevention.va.gov/flu](http://www.prevention.va.gov/flu)