What causes over 226,000 hospitalizations and about 36,000 deaths each year in the U.S.?

Seasonal flu is a respiratory illness that:

- is caused by flu viruses that can change each year
- spreads easily
- occurs each year during fall, winter, and spring

A FLU SHOT IS THE BEST WAY TO PROTECT YOURSELF AGAINST THE FLU.

GET YOUR FLU SHOT HERE:

www.prevention.va.gov/flu/