IF YOU HAVE HEART DISEASE...

...GET A FLU SHOT!

Heart patients need a flu shot each year
- Death rates from flu are higher in patients with heart disease compared to patients without heart disease.
- People with heart failure who get the flu shot spend less time in the hospital.
- A flu shot can lower the risk of stroke.

Getting a flu shot each year can help reduce your risk of death by heart attack and stroke by up to 50%

www.prevention.va.gov/flu/