Genital Yeast Infection

How is it spread?
A yeast infection is not a sexually transmitted disease. Men can get a genital yeast infection from unprotected sex with a partner who has a yeast infection. It is easier to get a yeast infection if:

- You use antibiotics.
- You have diabetes.
- Your immune system is weak.

What are signs of yeast infection?
- Redness, itching or burning at the tip of the penis.

How do you know if you have it?
Your health care provider (HCP) can examine you. S/he will look for signs of infection and may collect samples for lab tests.
How is it treated?
Yeast infections in men are treated with over-the-counter antifungals. See your HCP if signs don’t go away or they reoccur.

How can you avoid a yeast infection?
Refrain from sexual contact until all signs of the infection are gone. Ask your sex partner(s) to see an HCP for an exam.

What can happen if you don’t get treated?
Signs of infection may get worse. It can lead to balanitis — inflammation of the head of the penis.

Learn more:
The Mayo Clinic:
Male Yeast Infections: Can I get it from my girlfriend?
http://www.mayoclinic.org/male-yeast-infection/expert-answers/faq-20058464?FLUSHCACHE=0

National Institutes of Health:
Yeasts and Circumcision in the Male
https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1045367/